

Patient Name: _____ Patient DOB: ____/____/____ Date: ____/____/____

PATIENT HISTORY

Medical Conditions	Additional Information
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- High blood pressure YES NO
- Heart Disease YES NO
- COPD/Chronic Bronchitis YES NO
- Uncontrolled Asthma YES NO
- Stroke YES NO
- Immune Disorders (HIV, rheumatoid arthritis, cancer, etc) YES NO

- YES NO N/A
- Are you pregnant? YES NO
- Do you have the skin condition called *dermographism*? YES NO
- Have you ever had a severe anaphylactic (allergic) reaction that required emergency medical attention? If yes, explain: YES NO

List all current medications, including prescribed and OTC medications:

NAME	TAKEN FOR	DOSE/FREQUENCY	DATE STARTED	LAST TIME TAKEN

Allergy History

When did allergies begin? (Year) _____

Do symptoms include itching and sneezing? YES NO

When do symptoms occur? (check all that apply)

- | | | | |
|-------------------------------------|--------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> All months | <input type="checkbox"/> April | <input type="checkbox"/> July | <input type="checkbox"/> October |
| <input type="checkbox"/> January | <input type="checkbox"/> May | <input type="checkbox"/> August | <input type="checkbox"/> November |
| <input type="checkbox"/> February | <input type="checkbox"/> June | <input type="checkbox"/> September | <input type="checkbox"/> December |
| <input type="checkbox"/> March | | | |

When are symptoms worse?

- | | | | |
|----------------------------------|------------------------------------|-------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening | <input type="checkbox"/> Night |
| <input type="checkbox"/> At home | <input type="checkbox"/> At work | <input type="checkbox"/> At school | <input type="checkbox"/> Other location: _____ |
| Symptoms are: | <input type="checkbox"/> Constant | <input type="checkbox"/> Occasional | <input type="checkbox"/> Rare |

Symptoms interfere with activities:

- Not at all Mildly Moderately All the time

Which of the following cause or make symptoms worse? (Check all that apply)

- FOOD:**
- | | | | | |
|----------------------------------|--------------------------------------------------|------------------------------------|-----------------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Meat | <input type="checkbox"/> Wine | <input type="checkbox"/> Mushrooms | <input type="checkbox"/> Milk / milk products | <input type="checkbox"/> Fruit juices |
| <input type="checkbox"/> Beer | <input type="checkbox"/> Cheese | <input type="checkbox"/> Poultry | <input type="checkbox"/> Fish | <input type="checkbox"/> Wheat products |
| <input type="checkbox"/> Nuts | <input type="checkbox"/> Chicken | <input type="checkbox"/> Vinegar | <input type="checkbox"/> Eggs/egg products | <input type="checkbox"/> Vegetables |
| <input type="checkbox"/> Liquors | <input type="checkbox"/> Other: (list all) _____ | | | |

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ENVIRONMENT

- | | | | | |
|---------------------------------------|-------------------------------------------|--------------------------------------------------|-------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Wind | <input type="checkbox"/> Smoke | <input type="checkbox"/> Barns/Hay | <input type="checkbox"/> High pollution | <input type="checkbox"/> Damp areas |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Powder | <input type="checkbox"/> Mowing lawns | <input type="checkbox"/> Insecticides | <input type="checkbox"/> Dust |
| <input type="checkbox"/> Paint fumes | <input type="checkbox"/> Perfumes | <input type="checkbox"/> Cosmetics | <input type="checkbox"/> Newspapers | <input type="checkbox"/> Wool |
| <input type="checkbox"/> House plants | <input type="checkbox"/> Weather change | <input type="checkbox"/> Wet weather | <input type="checkbox"/> Dry weather | <input type="checkbox"/> Hot day |
| <input type="checkbox"/> Cold day | <input type="checkbox"/> Air-conditioning | <input type="checkbox"/> Travel | <input type="checkbox"/> Household plants | <input type="checkbox"/> Feather pillows |
| <input type="checkbox"/> Hay | <input type="checkbox"/> Cut grass | <input type="checkbox"/> Cut flowers | <input type="checkbox"/> Rugs/rug pads | <input type="checkbox"/> Christmas trees |
| <input type="checkbox"/> Stuffed toys | <input type="checkbox"/> Furniture | <input type="checkbox"/> Other: (list all) _____ | | |

Indoors, explain: _____

Outdoors, explain: _____

PETS

- Birds
 Cat Indoor / Outdoor
 Dog: Indoor / Outdoor
 Cattle
 Horse
 Other: (list) _____

Place X under self or age of family members with any of the following medical conditions:

Condition	Self	Father	Mother	Brothers	Sisters	Children
Migraine						
Hay Fever						
Hives						
Eczema						
Asthma						
Food Allergies						

Allergy Care History

List any OTC or Prescribed medications taken for allergy symptoms and when:

NAME	DOSE/FREQUENCY	DATE STARTED	LAST TIME TAKEN

Other

- Have you (patient) had an allergy shot in the last two weeks? YES NO If yes, explain _____
 Have you (patient) had any vaccine within the last 48 hours? YES NO If yes, explain _____
 Do you (patient) have an allergy to latex? YES NO If yes, explain _____
 Do you (patient) have an allergy to rubbing alcohol? YES NO If yes, explain _____
 Do you (patient) have an allergy to any medications? YES NO If yes, explain _____

For Provider Use Only:

NOTES:

_____ /____/____
 Patient/Guardian Printed Name Patient/Guardian Signature Date

_____ /____/____
 Provider Printed Name Provider Signature Date

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INFORMED CONSENT FOR ALLERGY TESTING

I, _____ (*patient name*), consent to receive an allergy skin prick test by or under the supervision of my provider to help determine the cause of my allergy symptoms.

An allergy skin prick test consists of introducing small amounts of allergens into the skin by lightly scratching the skin with a specially designed applicator containing each allergen and noting any development of a positive reaction. Results are read 15 to 20 minutes after the application of the test. Positive reactions to an allergen will gradually disappear over a period of time.

Reactions from this procedure may occur and I will inform the medical staff of any reactions I may experience. These reactions may consist of any or all of the following symptoms: itchy eyes, nose, or throat, nasal congestion, runny nose, tightness in the throat or chest, increased wheezing, lightheadedness, faintness, nausea or vomiting, hives, generalized itching, bleeding at puncture site, hives and redness of skin. Although rare, under extreme circumstances, serious reactions may result in significant respiratory reactions, or anaphylactic shock, which may be life threatening. I consent and authorize the treatment of any reactions that may occur as a result of allergy testing.

I verify that I am not currently pregnant or if I am, I have discussed the risks/benefits with my provider. Allergy skin testing should be postponed until after the pregnancy. I verify that I am not currently taking beta-blocker medication or if I am, I have discussed risks/benefits with my provider. Beta-blockers are medications that may interfere with treatment of an adverse reaction.

I have been advised that some medications I may be taking could interfere with allergy testing. If it is determined that medication I am taking has interfered with testing data, I understand that testing may need to be repeated at a later time.

I have read this form and I fully understand its contents. The opportunity has been provided for me to ask questions about my allergy skin prick test and these questions have been answered to my satisfaction.

Patient/Guardian Printed Name

Patient/Guardian Signature

____/____/____
Date

Witness Printed Name

Witness Signature

____/____/____
Date

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ELECTRONIC CONSENT CONTACT FORM

Patients may elect to receive communications via email, mobile text, and phone regarding personal medical information. By allowing the provider to communicate using this method, patients may receive appointment alerts as well as immunotherapy updates. Please be assured that all information will be kept confidential.

By my signature below, I agree that:

- 1) I would like to receive Short Message Service (SMS) messages and/or email pertaining to my allergy treatment, including, patient appointment or treatment reminders and other allergy related educational information to assist me in my allergy treatment;
- 2) I would like to receive a SMS message (as described above) through my communication service provider in order to deliver the SMS message to the mobile number listed below;
- 3) My communication services provider is acting as my agent in this capacity; and
- 4) I am providing a valid email and/or mobile phone number for these email and/or SMS messaging services.

There are no charges imposed by my provider for SMS message services, but I am responsible for any and all applicable charges or fees imposed by my communications service provider.

Patient Name: _____

Patient/Guardian Signature: _____

Patient E-Mail Address: _____

Patient Mobile Number: _____

Patient Mobile Carrier: _____

Note: Consent for receipt of email or mobile text messages is not required as a condition of any allergy service or treatment. Consent to receive SMS and/or email notifications may be revoked at any time by following the "opt out" instructions included in the SMS communication copy that is sent to the email address listed. Please allow a reasonable period of time to process your withdrawal. The provider may terminate text and/or email messaging services from time to time, for any reason, and without notice.